

Find out how
to get **FREE**
healthcare
advice



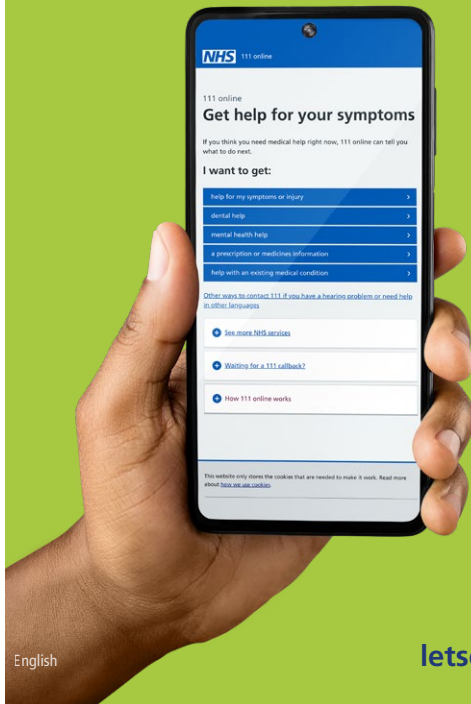
NHS



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If you need urgent medical help, but not sure where to go, use NHS 111 to get assistance quickly and free of charge. Call 111, go online at nhs.uk/111 or use the NHS App

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